

EMERGENCY PLANNING

In an emergency, having a plan can save lives.
Here are some tips to help you prepare for the unexpected.

1

Have a plan.
Visit ready.gov
and redcross.org
for info.

2

Prepare an
Emergency kit.



3

Blue Cross and Blue Shield of Montana is prepared to help you by:

- Explaining the options for accessing care
- Helping to locate a network provider, hospital or dialysis center
- Assisting with early refills of prescription medications
- Working to ensure transition of care or continuity of care needs are met
- Accessing your member identification information

Emergency Kit Contents: A. Whistle B. Phone C. Trash Bags D. First Aid Kit E. Flashlight F. Dust Mask G. Batteries H. Hand-crank Radio I. Duct Tape J. Water K. Food L. Local Map M. Can Opener N. Plastic Sheet O. Wrench or Pliers P. Family Documents Q. Prescriptions

For an emergency situation, go directly to the nearest hospital. For non-emergency care needs, call the customer service number on your ID card to locate a network provider.



BlueCross BlueShield of Montana